

RICHMOND COMMUNITY SCHOOLS GREAT START BREAKFAST MENU — MAY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 WG Trix Cereal WG Gram Fish Sliced Apples 1% FF White Milk	2 WG Apple Muffin Fresh apples 1% FF White Milk 	3 WG Cheerios Cereal String Cheese 100% Fruit Juice 1% FF White Milk	4 WG Bagel w/ Cream Cheese Sliced Apples 1% FF White Milk 	5 No School 
8 WG Rice Chex Mix WG Graham Fish Sliced Apples 1% FF White Milk 	9 WG Mini Cinnamon French Toast Fresh Banana 1% FF White Milk	10 WG Kix Cereal Graham Fish Sliced Oranges 1% FF White Milk	11 Yogurt Animal Crackers Sliced Apples 1% FF White Milk 	12 No School 
15 WG Trix Cereal WG Gram Fish Sliced Apples 1% FF White Milk	16 WG Apple Muffin Fresh apples 1% FF White Milk	17 WG Cheerios Cereal String Cheese 100% Fruit Juice 1% FF White Milk 	18 WG Bagel w/ Cream Cheese Sliced Apples 1% FF White Milk	19 No School 
22 WG Rice Chex Mix WG Graham Fish Sliced Apples 1% FF White Milk	23 WG Mini Cinnamon French Toast Fresh Banana 1% FF White Milk 	24 WG Kix Cereal Graham Fish Sliced Oranges 1% FF White Milk	25 Yogurt Animal Crackers Sliced Apples 1% FF White Milk	26 No School 
29 No School 	30 WG Mini Cinnamon French Toast Fresh Banana 1% FF White Milk 	31 WG Cheerios Cereal String Cheese 100% Fruit Juice 1% FF White Milk	<div> <p>Each meal includes choice of entrée, milk, one cup of vegetable items and 1/2 cup of fruit items. A fruit or vegetable serving is required with every reimbursable meal. Seasonal fresh fruit selections will include apples, oranges, watermelon, cantaloupe, bananas, pears, grapes, pineapple.</p> <p>Milk choices include fat free or 1% unflavored, and fat free chocolate or strawberry flavored.</p> <p><i>*Menu Subject to Change Without Notice*</i></p> <p>Nutritional information is available on the Food Service web page of the Richmond Community School District Website.</p> <p><i>"USDA is an equal opportunity provider and employer"</i></p> </div> <div> <p><i>Richmond Community Schools Will participate in MI Farm to School. (* = food choice utilizing MI based items.</i></p>  <p>Product of Michigan</p> </div>	